

Step by Step – How to Register Students for Junior Nationals

1. If you do not have an OUSA membership go to <https://orienteingusa.org/membership/> and become a member (junior membership is \$10). You will need your OUSA member number when you register
2. Go to the COC Junior Nationals page <http://jn2020.cascadeoc.org/> and click “register now”
3. Enter name, address, country of your citizenship, e-mail (confirm e-mail), cell phone number, home number (if applicable), gender, year born,
4. Club: Select local Club affiliation from the drop-down menu
5. National affiliation: Select Orienteering USA
6. OUSA Member ID: enter your OUSA member number.
7. E-punch rental: Select No if you have your own punch otherwise select Yes (non-competing coaches/chaperones select NO)
8. E-punch number: enter your personal e-punch number (non-competing coaches/chaperones enter 0) This field will only appear if you are not renting an e-punch.
9. Team Trials: Read JWOC Selection Rules. Select Yes if you are competing for the Junior World Orienteering Championships USA team trials, otherwise select NO
10. Select junior competitor – Hit continue
11. Select if you are individually eligible – directions are on the right of the question
12. Select if you are team eligible – directions are on the right of the question
13. Enter your grade – college students, select “college” (not grade 13.)
14. If you are associated with JROTC, select the branch.
15. Enter your school – You can run for the school you attend, or your “home” neighborhood.
16. Enter your team name if you have one – it can be added later when your teams are finalized (coaches, check spelling from entry to entry). Teams are co-ed and consist of 3-5 runners. You may have more than one team at the same level, just give them different team names to distinguish which students is on which team.
17. Team category – select school team if you will have at least 3 people from your school running the same level (Intermediate, JV, Varsity). If you will not have at least 3 people, select club and the level you wish to run. – Hit continue
18. Verify your race selections; go back if something needs to be changed.

ISPF/ISPM = White course = elementary course (grades K-6). A shadow is allowed; shadow rules will be available for pick up at check in.

ISIF/ISIM = Yellow course = middle school course (generally, students in grades 6-9)

ISJVF/ISJVM = Orange Course = JV course. (generally, students in 10-12 grade)

ISVF = Brown Course = High School Varsity women

ISVM = Green Course = High School Varsity men

ICJVF/ICJVM = Orange = College JV course

ICVF = Brown* = College Varsity Women

ICVM = Green* = College Varsity Men

* Intercollegiate varsity will run the same course as interscholastic varsity so that all JWOC trials individuals are on the same course.

For the Friday sprint, if you are competing in JWOC team trials select JWOC Trials F or M. Otherwise select an appropriate category; this event does not contribute to Jr. Nationals ranking.

19. Enter any special requests for start times or other information that the registrar needs to know.
20. Select if you will stay at the Athlete’s village
21. Do you want to rent bed linens? (you may bring your own linens or sleeping bag and pillow)
22. Will you attend the Social on Friday night?
23. Will you attend the Social on Saturday night? – Hit continue
24. Verify your information – go back if you need to change anything
25. Have your parent sign your waiver, unless you are 18 and can do it yourself.
26. Register another orienteer if needed, then you can pay for all students at the same time.
27. Pay
28. Return to the Junior Nationals Home page <http://jn2020.cascadeoc.org/> and buy your T-shirts.